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QUARTERLY TAPE

Spanning the Spectrum of Human Capability

What is LIFESPAN2000? On this quarter's member tape, an in-depth interview with Bob Monroe, Trainer Joe Gallenberger, and LIFESPAN participants takes you behind the scenes of the newest program utilizing the Hemi-Sync® technology. They discuss how LIFESPAN proceeds from the primary tenet, "I am more than my physical body," to support the opening of our physical being and to access the extraordinary capacities inherent in each of us. In the process, inner and outer imposed limitations fall away to reveal infinite possibilities. On Side Two, an intensely experiential LIFESPAN exercise provides a relaxation encoding and an introduction to and Free Flow within the specialized Access frequencies. Enjoy!

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